



Product Catalogue 2020

liquid supplements
oils and lotions
liquids for external use

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OILS FOR EXTERNAL USE

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NET
VOLUME



STORAGE TEMPERATURE
AFTER OPENING



USE WITHIN AFTER
OPENING



PROPOSED
METHOD OF
CONSUMPTION



FOR EXTERNAL
USE

EkaMedica products are available in good pharmacies, herbal and medical shops as well as stores with healthy food.

EkaMedica Sales Office | ul. Bielska 78a, 43-340 Kozy | tel. +48 33 814 40 34

WHY EKAMEDICA JUICES ARE ENRICHED WITH STANDARDISED **CAMU CAMU FRUIT EXTRACT?**



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Meet one of the healthiest fruits in the world: camu camu!

Camu camu fruits come from Myrciaria dubia trees growing in the Amazon. They are distinguished by an extremely high content of vitamin C - they are one of its richest natural sources. Absorption of vitamin C contained in camu camu is significantly assisted by the following: natural calcium, potassium, iron, niacin, phosphorus, riboflavin, proteins, amino acids and flavonoids. Due to the high content of natural vitamin C, camu camu fruits have immunity-supporting properties. It is also an effective antioxidant. If you are struggling with symptoms of vitamin C deficiency, such as weakness, rapid fatigue, try EkaMedica juices, which have been enriched with standardised camu camu fruit extract, in order to maintain their natural vitamin C content at a sufficiently high level.

OUR ACHIEVEMENTS



ACAI

DIETARY SUPPLEMENT



Acai - a dietary supplement in liquid form made from 100% acai fruit juice with the addition of natural vitamin C derived from camu camu fruit extract. Pasteurised.

ACTION

gives energy and vitality
low glycemic index
affects normal energy metabolism
improves psychological functions



ACEROLA

DIETARY SUPPLEMENT



Acerola - a dietary supplement in liquid form, made with puree with 100% juice from acerola fruit. Pasteurised.

ACTION

affects the body's immunity
affects the proper functioning of the blood vessels
daily portion (50 ml) contains 521.5 mg of natural vitamin C



Immunity cocktail

INGREDIENTS

50 ml acerola juice
1 banana
3 handfuls of spinach
1 cup of water
1 pinch of ginger

ALOE

DIETARY SUPPLEMENT



Aloe - a dietary supplement in liquid form made from 100% juice from aloe leaves. Pasteurised.

ACTION

affects glucose metabolism
stimulates the body's metabolism
supports the digestive and gastrointestinal systems
positively affects the immune system



CHOKEBERRY

DIETARY SUPPLEMENT



Chokeberry - a dietary supplement in liquid form, produced from 100% chokeberry juice with the addition of natural vitamin C derived from camu camu fruit extract. Pasteurised.

ACTION

has a beneficial effect on blood vessels
strong antioxidant
supports immunity
increases iron absorption



HIGHBUSH BLUEBERRY

DIETARY SUPPLEMENT



Highbush blueberry - liquid dietary supplement, produced from 100% highbush blueberry fruit juice with the addition of natural vitamin C derived from the extract from camu camu fruit. Pasteurised.

ACTION

supports the functioning of the digestive system
has a beneficial effect on immunity
supports the organ of vision
affects normal energy metabolism



BEETROOT

DIETARY SUPPLEMENT



Beetroot - liquid dietary supplement, produced from 100% beetroot tubers with the addition of natural of vitamin C derived from camu camu fruit extract. Pasteurised.

ACTION

has a positive effect on the body's immunity
supports the circulatory system
ensures proper energy metabolism
and reduces fatigue



CAMU CAMU

DIETARY SUPPLEMENT



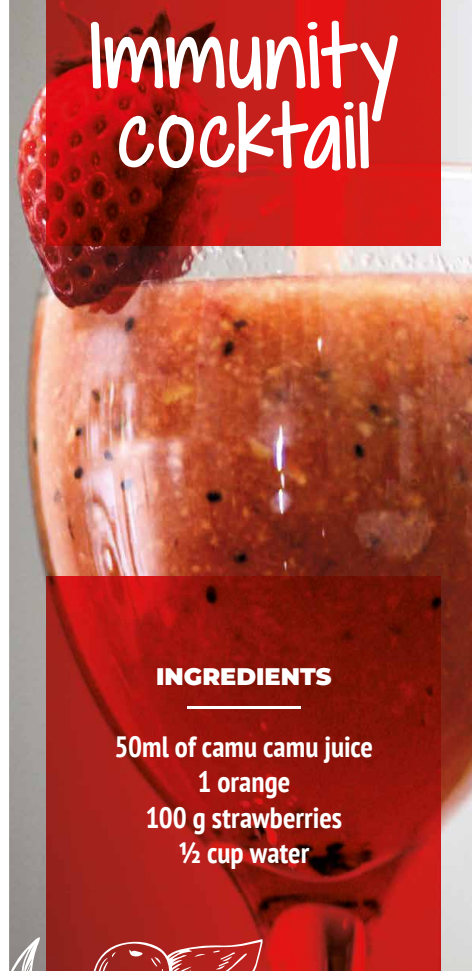
Camu camu - liquid dietary supplement produced from camu camu fruit extract. Pasteurised.

ACTION

strengthens the body
slows down the ageing process
affects the proper functioning of the blood vessels
source of vitamin C: 487 mg per daily dose (50 ml)



Immunity cocktail



INGREDIENTS

50ml of camu camu juice
1 orange
100 g strawberries
½ cup water

BLACKCURRANT

DIETARY SUPPLEMENT



Blackcurrant - a dietary supplement in liquid form, made from 100% blackcurrant juice with the addition of natural vitamin C derived from the extract from camu camu fruit. Pasteurised.

ACTION

helps keep skin nice
supports the respiratory system
supports the regeneration of the reduced form of vitamin E
increases iron absorption



BLACK TURNIP

DIETARY SUPPLEMENT



Black turnip - a dietary supplement in liquid form made from black turnip extract with the addition of natural vitamin C derived from camu camu fruit extract. Pasteurised.

ACTION

supports the functioning of the circulatory system
affects the immune system
helps in the proper production of collagen
affects energy metabolism



ELDER

DIETARY SUPPLEMENT



Elderberry - a dietary supplement in liquid form, made from 100% elderberry juice with the addition of natural vitamin C derived from camu camu fruit extract. Pasteurised.

ACTION

helps in weight control
affects the well-being of blood vessels
increases iron absorption
supports the body's immunity



ROCKROSE

DIETARY SUPPLEMENT



Rockrose - a dietary supplement in liquid form made from the rockrose leaf extract. Pasteurised.

ACTION

a herb that to which many beneficial properties are attributed
source of bioactive substances
widely used in ancient medicine

DOGWOODS

DIETARY SUPPLEMENT



Dogwoods - a dietary supplement in liquid form made with 100% dogwoods puree with the addition of natural vitamin C derived from camu camu fruit extract. Pasteurised.

ACTION

source of vitamin C
has a beneficial effect on the cardiovascular system
maintains the well-being of the male genitourinary system
stimulates the immune system

PUMPKIN

DIETARY SUPPLEMENT



Pumpkin - liquid dietary supplement made with puree from pumpkin fruit with the addition of lemon juice and natural vitamin C derived from camu camu fruit extract. Pasteurised.

ACTION

supports the nervous system
supports the immune system
reduces tiredness and fatigue
natural source of vitamin C

ROSEHIP

DIETARY SUPPLEMENT



Rosehip - a dietary supplement in liquid form, made from 100% rosehip juice with the addition of natural vitamin C derived from camu camu fruit extract. Pasteurised.

ACTION

supports the metabolic process affects the immunity
supports the circulatory system
contributes to the functioning of the digestive system



Energising cocktail



INGREDIENTS

50 ml rosehip juice
1 cup of vegetable milk
1 tablespoon of linseed
100 g blueberries



HAWTHORN

DIETARY SUPPLEMENT



Hawthorn - a dietary supplement in liquid form, made from 100% hawthorn juice with the addition of natural vitamin C derived from camu camu fruit extract. Pasteurised.

ACTION

regulates the work of the heart
supports blood circulation
relaxes
has a calming and toning effect



GOJI

DIETARY SUPPLEMENT



Goji - liquid dietary supplement made from 100% juice from goji berries with the addition of natural vitamin C from camu camu fruit extract. Pasteurised.

ACTION

affects vitality
has a beneficial effect on well-being
improves body endurance
reduces tiredness and fatigue



POMEGRANATE

DIETARY SUPPLEMENT



Pomegranate - a dietary supplement in liquid form made from 100% pomegranate juice with the addition of natural vitamin C derived from camu camu fruit extract. Pasteurised.

ACTION

helps in the proper production of collagen
supports psychological functions
has a beneficial effect on the immune system
supports the functioning of blood vessels



A heart -strengthening cocktail

INGREDIENTS

200 ml Pomegranate EkaMedica
a handful of fresh spinach leaves
2 red oranges



GRAVIOLA

DIETARY SUPPLEMENT



Graviola - a dietary supplement in liquid form made from graviola fruit extract. Pasteurised.

ACTION

contains over 200 bioactive substances
a tropical fruit, which has been known for
it's extraordinary properties for years
traditionally used as a herbal raw material



KALE

DIETARY SUPPLEMENT



Kale - a dietary supplement in liquid form made from 100% kale leaf juice with the addition of natural vitamin C derived from camu camu fruit extract.

ACTION

affects the functions of the blood vessels
neutralises free radicals
increases iron absorption
protects against oxidative stress



Detox cocktail

INGREDIENTS

50 ml of kale juice
1 apple
juice of ½ of lemon
1 tspn fresh ginger
1 cup of water

ROWAN

DIETARY SUPPLEMENT



Rowan - a dietary supplement in liquid form, produced from 100% rowan juice with the addition of natural vitamin C derived from camu camu fruit extract. Pasteurised.

ACTION

helps to overcome stress and effort
slows the aging process
increases the body's resistance
affects condition of the skin and bones



BLACKBERRY

DIETARY SUPPLEMENT



Blackberry - liquid dietary supplement, produced with 100% blackberry puree with the addition of natural vitamin C derived from camu camu fruit extract. Pasteurised.

ACTION

has astringent properties
anti-diarrheal effect
protects against free radicals
natural source of vitamin C



ARTICHOKE

DIETARY SUPPLEMENT



Artichoke - liquid dietary supplement produced from 100% juice from fresh artichoke leaves. Pasteurised.

ACTION

naturally supports weight loss
supports liver function
contains cynarin
delays the aging process



RED CLOVER

DIETARY SUPPLEMENT



Red clover - liquid dietary supplement made from red clover herb extract. Pasteurised.

ACTION

menopause support
relieves symptoms of menopause
strengthens bones and cartilage
stabilises blood pressure



LUCERNE

DIETARY SUPPLEMENT



Lucerne - a liquid dietary supplement produced from lucerne extract. Pasteurised.

ACTION

has a positive effect on appetite
supports weight loss
normalises digestion
cares for the proper libido of women



Deacidifying cocktail



INGREDIENTS

50 ml raspberry juice
1 medium beetroot
½ lemons
½ cups of water



RASPBERRY

DIETARY SUPPLEMENT



Raspberry - liquid dietary supplement, produced from 100% raspberry juice with the addition of natural vitamin C derived from camu camu fruit extract. Pasteurised.

ACTION

increases immunity
recommended during the autumn-winter solstice
supports the functioning of the circulatory system
increases iron absorption



MANGO

DIETARY SUPPLEMENT



Mango - liquid dietary supplement, produced from 100% mango puree with the addition of natural vitamin C derived from camu camu fruit extract. Pasteurised.

ACTION

has a positive effect on the skin's condition
strengthens the body's immunity
low glycemic index
helps in the proper production of collagen



MAQUI BERRY

DIETARY SUPPLEMENT



Maqui berry - a dietary supplement in liquid form, produced from maqui berry fruit juice with the addition of natural vitamin C derived from camu camu fruit extract. Pasteurised.

ACTION

supports immunity
ensures proper energy metabolism
supports collagen production
supports psychological functions



Slimming cocktail

INGREDIENTS

50 ml maqui berry juice
½ cup of frozen berries
20 g oat flakes
½ cup of vegetable milk

YOUNG BARLEY

DIETARY SUPPLEMENT



Young barley - liquid dietary supplement, produced from 100% juice from shoots of young barley with the addition of natural vitamin C derived from camu camu fruit extract. Pasteurised.

ACTION

supports the urinary system
strengthens the body
chelates the body
ensures proper energy metabolism



WHITE MULBERRY

DIETARY SUPPLEMENT



White mulberry - a liquid dietary supplement produced from white mulberry leaf extract. Pasteurised.

ACTION

helps maintain normal sugar levels
supports carbohydrate metabolism
low glycemic index



NONI

DIETARY SUPPLEMENT



Noni - liquid dietary supplement, produced from 100% noni juice with the addition of natural vitamin C derived from camu camu fruit extract. Pasteurised.

ACTION

supports mental performance
relieves stress
positively affects physical performance
strengthens immunity



MILK THISTLE

DIETARY SUPPLEMENT



Milk thistle - a liquid dietary supplement produced from milk thistle seed extract. Pasteurised.

ACTION

protects the liver
supports the digestive system
supports detoxification
stimulates the production of body fluids



QUINCE

DIETARY SUPPLEMENT



Quince - a liquid dietary supplement, produced from 100% quince puree with a natural addition of vitamin C derived from camu camu fruit extract. Pasteurised.

ACTION

supports the immune system
supports energy metabolism
contributes to the reduction of tiredness and fatigue
rich source of vitamin C



NETTLE

DIETARY SUPPLEMENT



Nettle - a dietary supplement in liquid form made from nettle leaf extract. Pasteurised.

ACTION

affects the proper functioning of the prostate
reduces the feeling of heavy and tired legs
affects the condition of problematic skin and scalp
supports venous circulation



Purifying cocktail



INGREDIENTS

50 ml nettle juice
1 orange
½ avocado
honey
a pinch of chili

SEA-BUCKTHORN

DIETARY SUPPLEMENT



Sea-buckthorn - a dietary supplement in liquid form, made from 100% puree of sea-buckthorn fruit with the addition of natural vitamin C derived from camu camu fruit extract. Pasteurised.

ACTION

affects the proper functioning of the prostate
reduces the feeling of heavy and tired legs
affects the condition of problematic skin and scalp
supports venous circulation



FIELD HORSETAIL

DIETARY SUPPLEMENT



Field horsetail - a dietary supplement in liquid form produced from field horsetail herb extract. Pasteurised.

ACTION

strengthens and nourishes nails and hair
affects the proper condition of the skin and bones
improves liver function
strengthens blood vessels



SPINACH

DIETARY SUPPLEMENT



Spinach - a liquid dietary supplement produced from spinach leaves. Pasteurised.

ACTION

supports the immune system.
increases iron absorption
helps in the proper functioning of blood vessels
reduces fatigue



PLUM

DIETARY SUPPLEMENT



Plum - a liquid dietary supplement, produced from 100% plum fruit juice with the addition of natural vitamin C derived from camu camu fruit extract. Pasteurised.

ACTION

protects against oxidative stress
supports the immune system
supports normal energy metabolism
helps regenerate the reduced form of vitamin E



JERUSALEM ARTICHOKE

DIETARY SUPPLEMENT



Jerusalem artichoke - a liquid dietary supplement, produced from 100% Jerusalem artichoke tubers with the addition of natural vitamin C derived from camu camu fruit extract. Pasteurised.

ACTION

strengthens and regenerates the body
increases immunity
supports growth and development
maintains body functions in balance



CAT'S CLAW

DIETARY SUPPLEMENT



Cat's claw - a liquid dietary supplement produced from cat's claw stem extract. Pasteurised.

ACTION

has immunostimulatory properties
protects against oxidative stress
supports the work of the immune system
increases iron absorption



CHERRY

DIETARY SUPPLEMENT



Cherry - a liquid dietary supplement, produced from 100% cherry juice with the addition of natural vitamin C derived from camu camu fruit extract. Pasteurised.

ACTION

helps in the functioning of the immune system
helps to reduce tiredness and fatigue
helps in the functioning of blood vessels
balances psychological functions



CRANBERRY

DIETARY SUPPLEMENT



Cranberry - a liquid dietary supplement, produced from 100% juice of large cranberry with the addition natural vitamin C from camu camu fruit extract. Pasteurised.

ACTION

supports the immune system
ensures proper energy metabolism
increases iron absorption
natural source of vitamin C

BEZPARASIT

HERBAL DIETARY SUPPLEMENT



Concentrated pomegranate juice (*Punica granatum*), water, extract from thyme herb (*Thymus vulgaris*), marsh-mallow (*Althaea officinalis*) root extract, pumpkin seed extract (*Cucurbita pepo*), garlic extract (*Allium sativum*), sage leaf extract (*Salvia officinalis*) olive leaf extract (*Olea europaea*), stabiliser: glycerin, lemon oil.

ACTION

thyme herb contributes to natural
body's defense mechanisms
garlic has antioxidant activity
and strengthens the immune system

ARGAN

COLD-PRESSED ARGAN TREE OIL DIETARY SUPPLEMENT



helps maintain normal cholesterol levels
supports the circulatory system
helps maintain the body's natural immunity

CEDAR TREE

COLD-PRESSED CEDAR NUT OIL
DIETARY SUPPLEMENT



VITAMINS

E

ACTION

supports the immune system
supports the work of the circulatory system
helps to protect against oxidative stress



NIGELLA

COLD-PRESSED
NIGELLA SEED OIL



ACTION

helps regulate glucose levels
regulates blood cholesterol
source of linoleic acid



Marinated bryndza -sheep's cheese-



INGREDIENTS

200 g bryndza
5 ml pumpkin oil
5 ml apple cider vinegar
fresh herbs



PUMPKIN

COLD-PRESSED
PUMPKIN SEED OIL



ACTION

contributes to the maintenance of normal blood
cholesterol levels, source of polyunsaturated fatty acids
improves the metabolic functions of the body



HEMP

COLD-PRESSED
HEMP SEED OIL



ACTION

improves immunity
supports the circulatory system
contains polyunsaturated fatty acids



APRICOT

COLD-PRESSED
APRICOT KERNEL OIL



ACTION

maintains normal cholesterol levels
the linolenic acid it contains has an effect on metabolic
functions of the organism source of omega-3 and
omega-6 fatty acids



BORAGE

BORAGE SEED OIL
COLD PRESSED



ACTION

source of linoleic acid
helps to maintain proper
cholesterol levels
supplies polyunsaturated fatty acids



100 ml



4-6°C



5 ml

OREGANO INTENSIVE

OLIVE OIL WITH OREGANO OIL
DIETARY SUPPLEMENT



ACTION

supports the digestive system
supports the liver and cleansing of the body
protects the body against external factors



50 ml



4-6°C



5 drops,
3 times a day

Lunch salad

INGREDIENTS

2 tbsp of pumpkin seed oil
3 tomatoes
½ red pepper
½ onion
salt and pepper
1 tbsp of chopped chives

Orange salad

INGREDIENTS

- 1 boiled beetroot
- 2 large oranges
- 1 onion
- 4 tbsp balsamic vinegar
- 350 g chicory
- 2 tablespoons of milk thistle oil
- 25 g nuts

MILK THISTLE

MILK THISTLE SEED OIL
COLD PRESSED
DIETARY SUPPLEMENT



VITAMINS

E

ACTION

supports liver function
has a beneficial effect on the digestive system
source of beneficial fatty acids
helps to protect cells against oxidative stress



PICHT

PICHT OIL
DISTILLED WITH WATER STEAM
DIETARY SUPPLEMENT



ACTION

affects blood cholesterol
supplies polyunsaturated fatty acids
source of omega-3 and omega-6 fatty acids



Salad with salmon

INGREDIENTS

100 g smoked salmon
1 red onion
50 g rocket
1 green cucumber
1 tbsp of sea buckthorn oil
salt
lemon juice

SEA-BUCKTHORN

COLD-PRESSED
SEA-BUCKTHORN FRUIT OIL
DIETARY SUPPLEMENT



VITAMINS

A

ACTION

has a beneficial effect on the cardiovascular system
stimulates the immune system
contains beta carotene
helps maintain proper vision



50 ml



4-6°C



2,5 ml

EVENING PRIMROSE

COLD-PRESSED
EVENING PRIMROSE OIL



ACTION

restores well-being during menstruation
regulates the body's metabolism
helps keep the skin in good condition



100 ml



4-6°C



5 ml

BURDOCK

LIQUID FOR EXTERNAL USE



ACTION

has a positive effect on the scalp
strengthens hair roots
a herbal bath additive



LIFE PLANT

LIQUID FOR EXTERNAL USE



ACTION

regenerates the skin
supports weakened hair roots
used as a compress for tired legs



COMFREY + IRONWORT

COMFREY OIL WITH IRONWORT
HERBAL OIL FOR EXTERNAL USED



ACTIVE SUBSTANCES

comfrey leaf extract
comfrey root extract
ironwort oil

ACTION

soothes and relieves the skin
moisturises and smoothes
astringent and protective effect
it has regenerative properties



VITAMINS IN DROPS WITH
A UNIQUE FORMULA

TOCBIOL® SF

NATURAL PROTECTION OF
OUR VITAMINS AGAINST LOSS
OF THEIR PROPERTIES NATURALNA

NATURAL PROTECTION
AGAINST OXIDATION PROCESS



Vitamins in drops with a unique composition contain the unique, 100% natural antioxidant Tocobiol® SF in the form of a tocopherol mixture that has been obtained from sunflower oil.

The high antioxidant power of Tocobiol® is the result of synergy between its active ingredients, such as tocopherols, squalene and sterols, which are naturally present in the product. Tocobiol® SF protects fats and oils by blocking free radicals.

TOCOPHEROLS ARE ONE OF THE STRONGEST ANTIOXIDANTS.
THEY CAN BE FOUND NATURALLY IN OIL PLANTS.



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NATURAL INGREDIENTS



▶ amla extract



▶ acerola extract



▶ camu camu extract



▶ rosehip extract



▶ powdered
blackcurrant juice



▶ unique complex of 10
bioflavonoids from bitter
orange with antioxidant
effect

UNIQUE FORMULA CBC BIOFLAVONOIDS



NATURAL VITAMIN C WITH BLACKCURRANT JUICE AND BIOFLAVONOID COMPLEX. POWDERED DIETARY SUPPLEMENT.

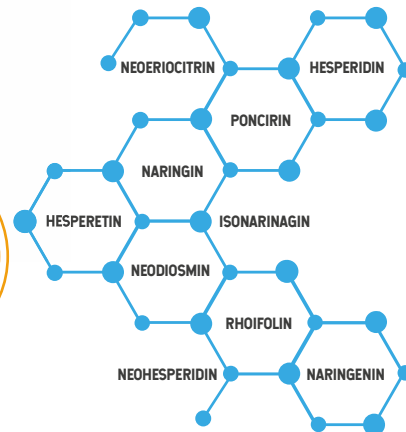
■ **INGREDIENTS:** Powdered blackcurrant juice (66,3%), fruit extracts: rosehip (20%), amla (5,7%), camu camu (5%), acerola (2%) standardised for natural vitamin C, bitter orange fruit extract (1%) standardised for the bioflavonoid content.

ANTIOXIDANTS

Delay aging of the body and prevent the development of civilisation diseases

EKAMEDICA VITAMIN C CBC DAILY PORTION DELIVERS 1000 mg OF NATURAL VITAMIN C, WHICH:

- ▶ HELPS NATURAL FUNCTIONING OF THE IMMUNE SYSTEM
- ▶ IMPROVES THE FUNCTIONING OF ENERGY METABOLISM
- ▶ REDUCES TIREDNESS AND FATIGUE
- ▶ SUPPORTS THE FUNCTIONING OF NERVOUS SYSTEM
- ▶ SUPPORTS THE PRODUCTION OF COLLAGEN
- ▶ HAS ANTIOXIDANT PROPERTIES



5 g scoop
included