



# Product Catalogue 2020

liquid supplements  
oils and lotions  
liquids for external use

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NET  
VOLUME



STORAGE TEMPERATURE  
AFTER OPENING



USE WITHIN AFTER  
OPENING



PROPOSED  
METHOD OF  
CONSUMPTION



FOR EXTERNAL  
USE

EkaMedica products are available in good pharmacies, herbal and medical shops as well as stores with healthy food.

EkaMedica Sales Office | ul. Bielska 78a, 43-340 Kozy | tel. +48 33 814 40 34

# WHY EKAMEDICA JUICES ARE ENRICHED WITH STANDARDISED CAMU CAMU FRUIT EXTRACT?



[www.ekamedica.pl](http://www.ekamedica.pl)  
[fb.com/ekamedica](https://fb.com/ekamedica)



## Meet one of the healthiest fruits in the world: camu camu!

Camu camu fruits come from Myrciaria dubia trees growing in the Amazon. They are distinguished by an extremely high content of vitamin C - they are one of its richest natural sources. Absorption of vitamin C contained in camu camu is significantly assisted by the following: natural calcium, potassium, iron, niacin, phosphorus, riboflavin, proteins, amino acids and flavonoids. Due to the high content of natural vitamin C, camu camu fruits have immunity-supporting properties. It is also an effective antioxidant. If you are struggling with symptoms of vitamin C deficiency, such as weakness, rapid fatigue, try EkaMedica juices, which have been enriched with standardised camu camu fruit extract, in order to maintain their natural vitamin C content at a sufficiently high level.

## OUR ACHIEVEMENTS

 <b>PRZEDSIĘBIORSTWO FAIR PLAY</b> Fair Play Company 2019	 <b>ambasador POLSKIEJ GOSPODARSTWA</b> Ambassador of the Polish economy	 European Medal	 <b>FIRMA ROKU 2018</b> Company of the Year 2018	 <b>LAURY UMIEJĘTNOŚCI I KOMPETENCJI</b> Golden Laurel of Skills and Competence 2017	 <b>wybieram polskie 2017</b> I choose Polish 2017	 1st and 2nd Award at DIABETICA EXPO 2017	 <b>DOBRA MARKA 2017</b> Good Brand 2017	 <b>L&amp;R LUXUSOWA MARKA ROKU 2015</b> Luxury Brand of the Year 2015	 1st Award at DIABETICA EXPO 2015	 <b>NAJWYŻSZA JAKOŚĆ</b> HIGIENICZNY INFUSORZ IDEAL * 2015 * Highest Quality QI 2015
 <b>Produkt Roku 2015</b> Product of the Year 2015	 <b>JAKOŚĆ ROKU 2014</b> Quality of the Year 2014	 <b>Produkt Roku 2013</b> Product of the Year 2013	 <b>JAKOŚĆ ROKU 2013</b> Quality of the Year 2013 - bronze	 <b>Firma Roku 2012</b> Company of the Year 2012	 <b>Produkt Roku 2012</b> Company of the Year 2012	 Tree of Life for Nettle juice	 <b>JAKOŚĆ ROKU BRĄZ</b> Quality of the Year - bronze	 <b>TOP PRODUKT</b> TOP Produkt	 <b>INSTYTUT PROFILAKTYKI ZDROWIA</b> Institute of Preventive Healthcare	 Tree of Life for artichoke juice

## ACAI

DIETARY SUPPLEMENT



Acai - a dietary supplement in liquid form made from 100% acai fruit juice with the addition of natural vitamin C derived from camu camu fruit extract. Pasteurised.

### ACTION

gives energy and vitality  
low glycemic index  
affects normal energy metabolism  
improves psychological functions



## ACEROLA

DIETARY SUPPLEMENT



Acerola - a dietary supplement in liquid form, made with puree with 100% juice from acerola fruit. Pasteurised.

### ACTION

affects the body's immunity  
affects the proper functioning of the blood vessels  
daily portion (50 ml) contains 521.5 mg of natural vitamin C



# Immunity cocktail

### INGREDIENTS

50 ml acerola juice  
1 banana  
3 handfuls of spinach  
1 cup of water  
1 pinch of ginger

# ALOE

DIETARY SUPPLEMENT



Aloe - a dietary supplement in liquid form made from 100% juice from aloe leaves. Pasteurised.

## ACTION

affects glucose metabolism  
stimulates the body's metabolism  
supports the digestive and gastrointestinal systems  
positively affects the immune system



# CHOKEBERRY

DIETARY SUPPLEMENT



Chokeberry - a dietary supplement in liquid form, produced from 100% chokeberry juice with the addition of natural vitamin C derived from camu camu fruit extract. Pasteurised.

## ACTION

has a beneficial effect on blood vessels  
strong antioxidant  
supports immunity  
increases iron absorption



# HIGHBUSH BLUEBERRY

DIETARY SUPPLEMENT



Highbush blueberry - liquid dietary supplement, produced from 100% highbush blueberry fruit juice with the addition of natural vitamin C derived from the extract from camu camu fruit. Pasteurised.

## ACTION

supports the functioning of the digestive system  
has a beneficial effect on immunity  
supports the organ of vision  
affects normal energy metabolism



## BEETROOT

DIETARY SUPPLEMENT



Beetroot - liquid dietary supplement, produced from 100% beetroot tubers with the addition of natural of vitamin C derived from camu camu fruit extract. Pasteurised.

### ACTION

has a positive effect on the body's immunity  
supports the circulatory system  
ensures proper energy metabolism  
and reduces fatigue



## CAMU CAMU

DIETARY SUPPLEMENT



Camu camu - liquid dietary supplement produced from camu camu fruit extract. Pasteurised.

### ACTION

strengthens the body  
slows down the ageing process  
affects the proper functioning of the blood vessels  
source of vitamin C: 487 mg per daily dose (50 ml)



# Immunity cocktail



### INGREDIENTS

50ml of camu camu juice  
1 orange  
100 g strawberries  
½ cup water



# BLACKCURRANT

DIETARY SUPPLEMENT



Blackcurrant - a dietary supplement in liquid form, made from 100% blackcurrant juice with the addition of natural vitamin C derived from the extract from camu camu fruit. Pasteurised.

## ACTION

helps keep skin nice  
supports the respiratory system  
supports the regeneration of the reduced form of vitamin E  
increases iron absorption



# BLACK TURNIP

DIETARY SUPPLEMENT



Black turnip - a dietary supplement in liquid form made from black turnip extract with the addition of natural vitamin C derived from camu camu fruit extract. Pasteurised.

## ACTION

supports the functioning of the circulatory system  
affects the immune system  
helps in the proper production of collagen  
affects energy metabolism



# ELDER

DIETARY SUPPLEMENT



Elderberry - a dietary supplement in liquid form, made from 100% elderberry juice with the addition of natural vitamin C derived from camu camu fruit extract. Pasteurised.

## ACTION

helps in weight control  
affects the well-being of blood vessels  
increases iron absorption  
supports the body's immunity



# ROCKROSE

DIETARY SUPPLEMENT



Rockrose - a dietary supplement in liquid form made from the rockrose leaf extract. Pasteurised.

## ACTION

a herb that to which many beneficial properties are attributed  
source of bioactive substances  
widely used in ancient medicine

# DOGWOODS

DIETARY SUPPLEMENT



Dogwoods - a dietary supplement in liquid form made with 100% dogwoods puree with the addition of natural vitamin C derived from camu camu fruit extract. Pasteurised.

## ACTION

source of vitamin C  
has a beneficial effect on the cardiovascular system  
maintains the well-being of the male genitourinary system  
stimulates the immune system

# PUMPKIN

DIETARY SUPPLEMENT



Pumpkin - liquid dietary supplement made with puree from pumpkin fruit with the addition of lemon juice and natural vitamin C derived from camu camu fruit extract. Pasteurised.

## ACTION

supports the nervous system  
supports the immune system  
reduces tiredness and fatigue  
natural source of vitamin C



## ROSEHIP

DIETARY SUPPLEMENT



Rosehip - a dietary supplement in liquid form, made from 100% rosehip juice with the addition of natural vitamin C derived from camu camu fruit extract. Pasteurised.

### ACTION

supports the metabolic process affects the immunity  
supports the circulatory system  
contributes to the functioning of the digestive system



# Energising cocktail



### INGREDIENTS

50 ml rosehip juice  
1 cup of vegetable milk  
1 tablespoon of linseed  
100 g blueberries



## HAWTHORN

DIETARY SUPPLEMENT



Hawthorn - a dietary supplement in liquid form, made from 100% hawthorn juice with the addition of natural vitamin C derived from camu camu fruit extract. Pasteurised.

### ACTION

regulates the work of the heart  
supports blood circulation  
relaxes  
has a calming and toning effect



## GOJI

DIETARY SUPPLEMENT



Goji - liquid dietary supplement made from 100% juice from goji berries with the addition of natural vitamin C from camu camu fruit extract. Pasteurised.

### ACTION

affects vitality  
has a beneficial effect on well-being  
improves body endurance  
reduces tiredness and fatigue



## POMEGRANATE

DIETARY SUPPLEMENT



Pomegranate - a dietary supplement in liquid form made from 100% pomegranate juice with the addition of natural vitamin C derived from camu camu fruit extract. Pasteurised.

### ACTION

helps in the proper production of collagen  
supports psychological functions  
has a beneficial effect on the immune system  
supports the functioning of blood vessels



# A heart -strengthening cocktail

### INGREDIENTS

200 ml Pomegranate EkoMedica  
a handful of fresh spinach leaves  
2 red oranges



# GRAVIOLA

DIETARY SUPPLEMENT



Graviola - a dietary supplement in liquid form made from graviola fruit extract. Pasteurised.

## ACTION

contains over 200 bioactive substances a tropical fruit, which has been known for its extraordinary properties for years traditionally used as a herbal raw material



# KALE

DIETARY SUPPLEMENT



Kale - a dietary supplement in liquid form made from 100% kale leaf juice with the addition of natural vitamin C derived from camu camu fruit extract.

## ACTION

affects the functions of the blood vessels  
neutralises free radicals  
increases iron absorption  
protects against oxidative stress



# Detox cocktail



## INGREDIENTS

50 ml of kale juice  
1 apple  
juice of ½ of lemon  
1 tspn fresh ginger  
1 cup of water

# ROWAN

DIETARY SUPPLEMENT



Rowan - a dietary supplement in liquid form, produced from 100% rowan juice with the addition of natural vitamin C derived from camu camu fruit extract. Pasteurised.

## ACTION

helps to overcome stress and effort  
slows the aging process  
increases the body's resistance  
affects condition of the skin and bones



# BLACKBERRY

DIETARY SUPPLEMENT



Blackberry - liquid dietary supplement, produced with 100% blackberry puree with the addition of natural vitamin C derived from camu camu fruit extract. Pasteurised.

## ACTION

has astringent properties  
anti-diarrheal effect  
protects against free radicals  
natural source of vitamin C



# ARTICHOKE

DIETARY SUPPLEMENT



Artichoke - liquid dietary supplement produced from 100% juice from fresh artichoke leaves. Pasteurised.

## ACTION

naturally supports weight loss  
supports liver function  
contains cynarin  
delays the aging process



## RED CLOVER

DIETARY SUPPLEMENT



Red clover - liquid dietary supplement made from red clover herb extract. Pasteurised.

### ACTION

menopause support  
relieves symptoms of menopause  
strengthens bones and cartilage  
stabilises blood pressure



## LUCERNE

DIETARY SUPPLEMENT



Lucerne - a liquid dietary supplement produced from lucerne extract. Pasteurised.

### ACTION

has a positive effect on appetite  
supports weight loss  
normalises digestion  
cares for the proper libido of women



# Deacidifying cocktail



### INGREDIENTS

50 ml raspberry juice  
1 medium beetroot  
½ lemons  
½ cups of water



# RASPBERRY

DIETARY SUPPLEMENT



Raspberry - liquid dietary supplement, produced from 100% raspberry juice with the addition of natural vitamin C derived from camu camu fruit extract. Pasteurised.

## ACTION

increases immunity  
recommended during the autumn-winter solstice  
supports the functioning of the circulatory system  
increases iron absorption



# MANGO

DIETARY SUPPLEMENT



Mango - liquid dietary supplement, produced from 100% mango puree with the addition of natural vitamin C derived from camu camu fruit extract. Pasteurised.

## ACTION

has a positive effect on the skin's condition  
strengthens the body's immunity  
low glycaemic index  
helps in the proper production of collagen



# MAQUI BERRY

DIETARY SUPPLEMENT



Maqui berry - a dietary supplement in liquid form, produced from maqui berry fruit juice with the addition of natural vitamin C derived from camu camu fruit extract. Pasteurised.

## ACTION

supports immunity  
ensures proper energy metabolism  
supports collagen production  
supports psychological functions



# Slimming cocktail

## INGREDIENTS

50 ml maqui berry juice  
½ cup of frozen berries  
20 g oat flakes  
½ cup of vegetable milk

## YOUNG BARLEY

DIETARY SUPPLEMENT



Young barley - liquid dietary supplement, produced from 100% juice from shoots of young barley with the addition of natural vitamin C derived from camu camu fruit extract. Pasteurised.

## ACTION

supports the urinary system  
strengthens the body  
chelates the body  
ensures proper energy metabolism



## WHITE MULBERRY

DIETARY SUPPLEMENT



White mulberry - a liquid dietary supplement produced from white mulberry leaf extract. Pasteurised.

## ACTION

helps maintain normal sugar levels  
supports carbohydrate metabolism  
low glycemic index



# NONI

DIETARY SUPPLEMENT



Noni - liquid dietary supplement, produced from 100% noni juice with the addition of natural vitamin C derived from camu camu fruit extract. Pasteurised.

## ACTION

supports mental performance  
relieves stress  
positively affects physical performance  
strengthens immunity



# MILK THISTLE

DIETARY SUPPLEMENT



Milk thistle - a liquid dietary supplement produced from milk thistle seed extract. Pasteurised.

## ACTION

protects the liver  
supports the digestive system  
supports detoxification  
stimulates the production of body fluids



# QUINCE

DIETARY SUPPLEMENT



Quince - a liquid dietary supplement, produced from 100% quince puree with a natural addition of vitamin C derived from camu camu fruit extract. Pasteurised.

## ACTION

supports the immune system  
supports energy metabolism  
contributes to the reduction of tiredness and fatigue  
rich source of vitamin C



## NETTLE

DIETARY SUPPLEMENT



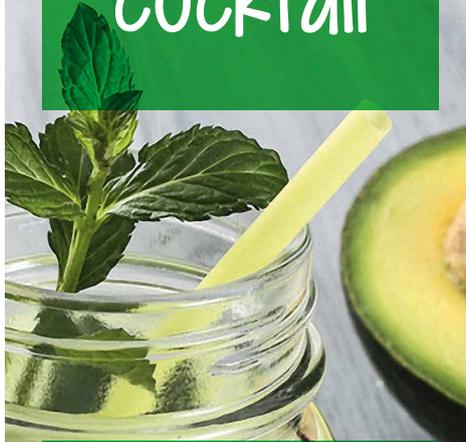
Nettle - a dietary supplement in liquid form made from nettle leaf extract. Pasteurised.

### ACTION

affects the proper functioning of the prostate  
reduces the feeling of heavy and tired legs  
affects the condition of problematic skin and scalp  
supports venous circulation



## Purifying cocktail



### INGREDIENTS

50 ml nettle juice  
1 orange  
½ avocado  
honey  
a pinch of chili



## SEA-BUCKTHORN

DIETARY SUPPLEMENT



Sea-buckthorn - a dietary supplement in liquid form, made from 100% puree of sea-buckthorn fruit with the addition of natural vitamin C derived from camu camu fruit extract. Pasteurised.

### ACTION

affects the proper functioning of the prostate  
reduces the feeling of heavy and tired legs  
affects the condition of problematic skin and scalp  
supports venous circulation



## FIELD HORSETAIL

DIETARY SUPPLEMENT



Field horsetail - a dietary supplement in liquid form produced from field horsetail herb extract. Pasteurised.

### ACTION

strengthens and nourishes nails and hair  
affects the proper condition of the skin and bones  
improves liver function  
strengthens blood vessels



## SPINACH

DIETARY SUPPLEMENT



Spinach - a liquid dietary supplement produced from spinach leaves. Pasteurised.

### ACTION

supports the immune system.  
increases iron absorption  
helps in the proper functioning of blood vessels  
reduces fatigue



## PLUM

DIETARY SUPPLEMENT



Plum - a liquid dietary supplement, produced from 100% plum fruit juice with the addition of natural vitamin C derived from camu camu fruit extract. Pasteurised.

### ACTION

protects against oxidative stress  
supports the immune system  
supports normal energy metabolism  
helps regenerate the reduced form of vitamin E



# JERUSALEM ARTICHOKE

DIETARY SUPPLEMENT



Jerusalem artichoke - a liquid dietary supplement, produced from 100% Jerusalem artichoke tubers with the addition of natural vitamin C derived from camu camu fruit extract. Pasteurised.

## ACTION

strengthens and regenerates the body  
increases immunity  
supports growth and development  
maintains body functions in balance



# CAT'S CLAW

DIETARY SUPPLEMENT



Cat's claw - a liquid dietary supplement produced from cat's claw stem extract. Pasteurised.

## ACTION

has immunostimulatory properties  
protects against oxidative stress  
supports the work of the immune system  
increases iron absorption



# CHERRY

DIETARY SUPPLEMENT



Cherry - a liquid dietary supplement, produced from 100% cherry juice with the addition of natural vitamin C derived from camu camu fruit extract. Pasteurised.

## ACTION

helps in the functioning of the immune system  
helps to reduce tiredness and fatigue  
helps in the functioning of blood vessels  
balances psychological functions



# CRANBERRY

DIETARY SUPPLEMENT



Cranberry - a liquid dietary supplement, produced from 100% juice of large cranberry with the addition natural vitamin C from camu camu fruit extract. Pasteurised.

## ACTION

supports the immune system  
ensures proper energy metabolism  
increases iron absorption  
natural source of vitamin C



# BEZPARASIT

HERBAL DIETARY SUPPLEMENT



Concentrated pomegranate juice (*Punica granatum*), water, extract from thyme herb (*Thymus vulgaris*), marsh-mallow (*Althaea officinalis*) root extract, pumpkin seed extract (*Cucurbita pepo*), garlic extract (*Allium sativum*), sage leaf extract (*Salvia officinalis*) olive leaf extract (*Olea europaea*), stabiliser: glycerin, lemon oil.

## ACTION

thyme herb contributes to natural body's defense mechanisms  
garlic has antioxidant activity  
and strengthens the immune system



# ARGAN

COLD-PRESSED ARGAN TREE OIL  
DIETARY SUPPLEMENT



helps maintain normal cholesterol levels  
supports the circulatory system  
helps maintain the body's natural immunity

## ACTION



## CEDAR TREE

COLD-PRESSED CEDAR NUT OIL  
DIETARY SUPPLEMENT



### VITAMINS

E

### ACTION

supports the immune system  
supports the work of the circulatory system  
helps to protect against oxidative stress



## NIGELLA

COLD-PRESSED  
NIGELLA SEED OIL



### ACTION

helps regulate glucose levels  
regulates blood cholesterol  
source of linoleic acid



Marinated  
bryndza  
-sheep's cheese-



### INGREDIENTS

200 g bryndza  
5 ml pumpkin oil  
5 ml apple cider vinegar  
fresh herbs



## PUMPKIN

COLD-PRESSED  
PUMPKIN SEED OIL



### ACTION

contributes to the maintenance of normal blood cholesterol levels, source of polyunsaturated fatty acids  
improves the metabolic functions of the body



## HEMP

COLD-PRESSED  
HEMP SEED OIL



### ACTION

improves immunity  
supports the circulatory system  
contains polyunsaturated fatty acids



## APRICOT

COLD-PRESSED  
APRICOT KERNEL OIL



### ACTION

maintains normal cholesterol levels  
the linolenic acid it contains has an effect on metabolic functions of the organism source of omega-3 and omega-6 fatty acids



## BORAGE

BORAGE SEED OIL  
COLD PRESSED



### ACTION

source of linoleic acid  
helps to maintain proper  
cholesterol levels  
supplies polyunsaturated fatty acids



## OREGANO INTENSIVE

OLIVE OIL WITH OREGANO OIL  
DIETARY SUPPLEMENT



### ACTION

supports the digestive system  
supports the liver and cleansing of the body  
protects the body against external factors



# Lunch salad

### INGREDIENTS

2 tbsp of pumpkin seed oil  
3 tomatoes  
½ red pepper  
½ onion  
salt and pepper  
1 tbsp of chopped chives



# Orange salad

## INGREDIENTS

- 1 boiled beetroot
- 2 large oranges
- 1 onion
- 4 tbsp balsamic vinegar
- 350 g chicory
- 2 tablespoons of milk thistle oil
- 25 g nuts

## MILK THISTLE

MILK THISTLE SEED OIL  
COLD PRESSED  
DIETARY SUPPLEMENT



## VITAMINS

E

## ACTION

supports liver function  
has a beneficial effect on the digestive system  
source of beneficial fatty acids  
helps to protect cells against oxidative stress



## PICHT

PICHT OIL  
DISTILLED WITH WATER STEAM  
DIETARY SUPPLEMENT



## ACTION

affects blood cholesterol  
supplies polyunsaturated fatty acids  
source of omega-3 and omega-6 fatty acids



# Salad with salmon

## INGREDIENTS

- 100 g smoked salmon
- 1 red onion
- 50 g rocket
- 1 green cucumber
- 1 tbsp of sea buckthorn oil
- salt
- lemon juice

## SEA-BUCKTHORN

COLD-PRESSED  
SEA-BUCKTHORN FRUIT OIL  
DIETARY SUPPLEMENT



## VITAMINS

A

## ACTION

has a beneficial effect on the cardiovascular system  
stimulates the immune system  
contains beta carotene  
helps maintain proper vision



## EVENING PRIMROSE

COLD-PRESSED  
EVENING PRIMROSE OIL



## ACTION

restores well-being during menstruation  
regulates the body's metabolism  
helps keep the skin in good condition



## BURDOCK

LIQUID FOR EXTERNAL USE



### ACTION

has a positive effect on the scalp  
strengthens hair roots  
a herbal bath additive



## LIFE PLANT

LIQUID FOR EXTERNAL USE



### ACTION

regenerates the skin  
supports weakened hair roots  
used as a compress for tired legs



## COMFREY + IRONWORT

COMFREY OIL WITH IRONWORT  
HERBAL OIL FOR EXTERNAL USE



### ACTIVE SUBSTANCES

comfrey leaf extract  
comfrey root extract  
ironwort oil

### ACTION

soothes and relieves the skin  
moisturises and smoothes  
astringent and protective effect  
it has regenerative properties



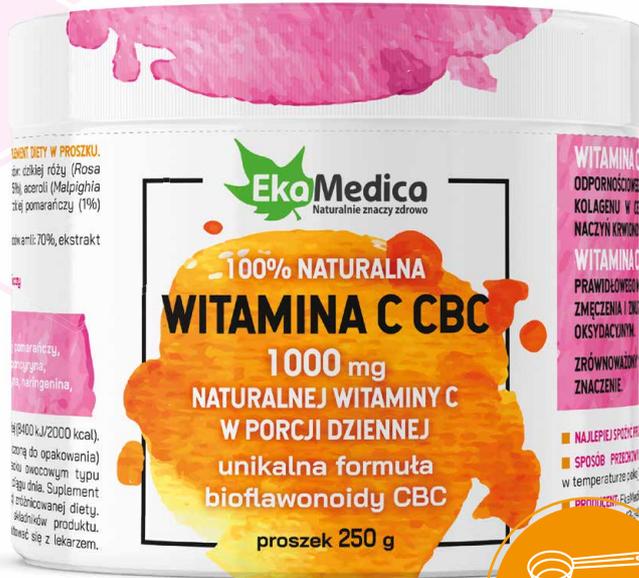


# NATURAL INGREDIENTS

# UNIQUE FORMULA CBC BIOFLAVONOIDS

# EKAMEDICA VITAMIN C CBC DAILY PORTION DELIVERS 1000 mg OF NATURAL VITAMIN C, WHICH:

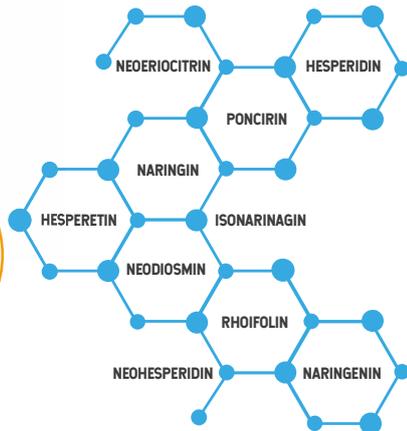
-  ► amla extract
-  ► acerola extract
-  ► camu camu extract
-  ► rosehip extract
-  ► powdered blackcurrant juice
-  ► unique complex of 10 bioflavonoids from bitter orange with antioxidant effect



- HELPS NATURAL FUNCTIONING OF THE IMMUNE SYSTEM
- IMPROVES THE FUNCTIONING OF ENERGY METABOLISM
- REDUCES TIREDNESS AND FATIGUE
- SUPPORTS THE FUNCTIONING OF NERVOUS SYSTEM
- SUPPORTS THE PRODUCTION OF COLLAGEN
- HAS ANTIOXIDANT PROPERTIES

## NATURAL VITAMIN C WITH BLACKCURRANT JUICE AND BIOFLAVONOID COMPLEX. POWDERED DIETARY SUPPLEMENT.

■ **INGREDIENTS:** Powdered blackcurrant juice (66,3%), fruit extracts: rosehip (20%), amla (5,7%), camu camu (5%), acerola (2%) standardised for natural vitamin C, bitter orange fruit extract (1%) standardised for the bioflavonoid content.



**ANTIOXIDANTS**

Delay aging of the body and prevent the development of civilisation diseases